

# Menu – October 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1</b> Smoked Sausage / Bun Kidney Beans Broccoli & Carrots Cole Slaw, Mustard Pkt Orange, 2% Milk	<b>2</b> BBQ Meatloaf Patty CA Blend Veggies Sweet Potatoes Wheat Bread, Banana 2% Milk & Cranberry Juice	<b>3</b> Brunswick Stew Brown Rice Carrot Coins Wheat Roll, Apple 2% Milk & Orange Juice	<b>4</b> Chicken Parmesan Parsley Seas Noodles Capri Vegetables Wheat Bread, Banana 2% Milk & Apple Juice
<b>7</b> BBQ Riblet, Bun BBQ Beans Yellow Squash Orange 2% Milk	<b>8</b> SW Chicken Breast Green Beans Mashed Potatoes Sourdough Bread, Banana 2% Milk & Apple Juice	<b>9</b> Beef 'n Broccoli Rice Sugar Snap Peas White Bread, Fruit Fortune Cookie & 2% Milk	<b>10</b> Rotisserie Chicken Brussel Sprouts Potatoes Sour Cream Wheat Bread, Banana Pudding & 2% Milk	<b>11</b> Beef Ravioli Dill Carrot Coins Broccoli 'n Cauliflower Wheat Roll, Fruit 2% Milk & Orange Juice
<b>14</b> Beef Stroganoff CA Blend Veggies Peas 'n Mushrooms Wheat Roll, Fruit 2% Milk	<b>15</b> Chicken Leg Sweet Potatoes Broccoli & Cauliflower Sourdough Bread, Banana 2% Milk & Orange Juice	<b>16</b> BBQ Pork, Bun Scalloped Potatoes Lima Beans Cole Slaw, Fruit 2% Milk	<b>17</b> Spaghetti, WW Meat Carrot Coins Cherry Cobbler Italian Bread, Orange 2% Milk & Cranberry Juice	<b>18</b> Chicken Pot Pie Cauliflower & Red Pepper Field Peas Wheat Bread, Apple 2% Milk & Orange Juice
<b>21</b> Beef Chili Capri Vegetables Corn Wheat Roll, Fruit 2% Milk & Lemon Pudding	<b>22</b> Chicken Cordon Bleu Brown Rice Turnip Greens Sourdough Bread, Orange 2% Milk	<b>23</b> Hamburger w/Bun BBQ Beans Dill Carrot Coins Fruit, Mustard Pckt 2% Milk	<b>24</b> Chicken Leg Spinach Au Gratin Sweet Potatoes Wheat Roll, Banana 2% Milk & Cranberry Juice	<b>25</b> Peppered Swiss Steak Mashed Potatoes Green Beans Sourdough Bread, Orange 2% Milk & Grape Juice
<b>28</b> Chicken/Brown Rice Stewed Tomatoes Creamed Spinach Sourdough Bread, Fruit 2% Milk	<b>29</b> Smoked Sausage / Bun Kidney Beans Broccoli & Carrots Cole Slaw, Mustard Pkt Orange, 2% Milk	<b>30</b> BBQ Meatloaf Patty CA Blend Veggies Sweet Potatoes Wheat Bread, Banana 2% Milk & Cranberry Juice	<b>31</b> Brunswick Stew Brown Rice Carrot Coins Wheat Roll, Apple 2% Milk & Orange Juice	