

# CLAYTON CENTER for ACTIVE AGING

303 Dairy Road, Clayton, NC 27520

Phone: 919-553-4350

Hours: 8:00 – 4:30 Monday-Friday

[claytonsc@cssjohnston.org](mailto:claytonsc@cssjohnston.org)

Connie Keller, Program Coordinator



## February 2025

Monday	Tuesday	Wednesday	Thursday	Friday
10:00 Bingo <b>3<sup>rd</sup></b>	9:00 Bingocize*** 10:00 Painting with Alice <b>4<sup>th</sup></b>	2:00 Bingocize*** <b>5<sup>th</sup></b>	10:00 Painting with PapaJack 11:00 Music with Ron <b>3:00 Learn Sign Language</b> <b>6<sup>th</sup></b>	10:00 Bingo with Caring Hearts <b>11:30 Lunch Bunch-Garibaldi's \$</b> <b>7<sup>th</sup></b>
10:00 Bingo-Koinonia Reformed Baptist Church <b>10<sup>th</sup></b>	9:00 Bingocize*** 10:00 Craft Class with Mindy <b>11<sup>th</sup></b>	2:00 Bingocize*** <b>12<sup>th</sup></b>	10:00 Craft Class with Mardia <b>3:00 Learn Sign Language</b> <b>13<sup>th</sup></b>	<b>Valentine's Day</b> <b>14<sup>th</sup></b> 10:00 Bingo with Clayton Women's Club <b>11:00 Valentine's Day Celebration</b>
10:00 Bingo <b>17<sup>th</sup></b>	9:00 Bingocize*** 10:00 Painting with Alice <b>18<sup>th</sup></b>	2:00 Bingocize*** <b>19<sup>th</sup></b>	10:00 Painting with PapaJack <b>10:00 Managing Anxiety</b> 11:00 Music with Ron 1:00 Ice Cream Social 2:00 Book Club w/ Mardia Clayton Library <b>3:00 Learn Sign Language</b> <b>20<sup>th</sup></b>	10:00 Double Prize Bingo with The Marine Corps League 11:00 February Birthday Celebration <b>21<sup>st</sup></b>
10:00 Bingo & Info-Gabriel Manor <b>24<sup>th</sup></b>	9:00 Bingocize*** 10:00 Painting with Alice <b>12:30 Advisory Meeting</b> <b>25<sup>th</sup></b>	2:00 Bingocize*** <b>6:30 PM Evening Bingo with Chi Xi Zeta Sorority</b> <b>26<sup>th</sup></b>	10:00 Charades <b>3:00 Learn Sign Language</b> <b>27<sup>th</sup></b>	10:00 Bingo-Quarter 1:00 Book Club at Horne Memorial Church <b>28<sup>th</sup></b>

### Drop-In Activities: Computer Station, Fitness Room, Puzzles, Games, Library

Monday	Tuesday	Wednesday	Thursday	Friday
9:00 Strength & Balance with Jackie 1:30 Line Dance Lessons 2:00 Beginner Line Dance 3:00 Intermediate Line Dance	10:30 Chair Yoga with Sindry 12:00 Learn to Play Chess 2:00 Cardio Drumming with Diana	9:00 Cardio with Jackie 10:00 Trivia Battle 1:30 Line Dance Lessons 2:00 Beginner Line Dance 3:00 Intermediate Line Dance	9:00 Fitness with Jack 11:00 Billiards ** 12:35 Trivia 2:00 Cornhole	9:00 Strength & Balance with Jackie 1:00 Cornhole

\$= Fee \* Registration Required \*\* Rainbow Lanes \*\*\*Evidence Based ^ Some Weeks

# CCAA NEWS & ANNOUNCEMENTS



## Valentine's Celebration

February 14<sup>th</sup>, 2025  
11:00 am

### **VOLUNTEERS NEEDED!!**

Have some extra time on your hands?

Feel the need to help?

Are you good at leading a group?

Have a special skill? Volunteer

**TODAY!**

CCAA has an immediate need for a

**Musicians &  
Bingo Sponsors**

#### **Caregiver Support Group Meetings**

Both Meetings on 4th Thursday of each month.

##### **DAYTIME GROUP**

Community & Senior Services  
1363 West Market Street Smithfield, NC 27577

**1:30 p.m. to 3:00 PM**

##### **EVENING GROUP**

Clayton Center for Active Aging  
303 Dairy Rd, Clayton, NC 27520

**6:00-8:00 PM**



Find us on Facebook at

"Clayton Center for Active Aging"

**facebook.**

"LIKE" and "FOLLOW" our page for the latest updates, posts and announcements!